



PACKING LIST



CLOTHING

- 1 pair of comfortable shoes
- 1 pair of comfortable sandals
- A nice dress, skirt, dress pants/shirt
- Coordinating shirts, tank tops, pants, and shorts
- A sweater or jacket to layer
- Socks and underwear
- Pajamas



PERSONAL ITEMS

- Eyeglasses (and a spare)
- Contact lenses and solution
- Prescription medications
- Over the counter medications (Advil, Pepto-Bismol, Airborne)
- Toothbrush and toothpaste
- Shampoo, soap
- Cosmetics
- Small mirror
- Deodorant
- Hairbrush, comb
- Razor



TRAVEL GOODIES

- Plug convertor/adaptor
- Extra phone charger
- Sturdy purse or backpack
- Disposable poncho
- Travel guide
- List of top places you want to visit
- Hand sanitizer/wipes
- First aid supplies, such as Band-Aids



DOCUMENTS

- Passport
- Airline tickets
- Photo ID
- Travel friendly credit/debit card
- Accommodation address
- Credit card information in case lost or stolen
- Medical Information (allergies, medications)
- Copies of your important documents
- Cash to get you started



HELPFUL TIPS

- Travel light! Don't forget to leave space for the things you want to bring back home.
- Invest in luggage tags and straps to help your items stand out in baggage claim.
- Pack extra clothes and important items in your carry-on in case your baggage is lost.
- Keep important documents, money, and medication on you at all times.
- Practice carrying your luggage. You will be responsible for moving it everywhere!

WHAT NOT TO BRING

- Heavy books and school supplies
- All of your makeup and jewelry
- Expensive and sentimental items
- Hairdryers
- Heels
- Full sized toiletries